Component 1 #9 Score		
Component 1 #9 Score	C1	
Component 2	CI	
Component 2	63	
#2 Score $< 15 \text{ min} \qquad \Box \Rightarrow 0$ $\qquad \qquad 0 \qquad \Box \Rightarrow 0$	C2	
Component 3 #4 Score		
>7	C3	
$6-7$ $\Box \Rightarrow 1$		
$5-6$ \square \Rightarrow 2		
<5 □ ⇒ 3		
Component 4 (total # of hours asleep)/(total # of hours in bed) x 100		
>85% □ □ □ □ □	C4	
$75\%-84\%$ \square \Rightarrow 1		
$65\%-74\%$ \square \Rightarrow 2		
<65% □ ⇒ 3		
Component 5 # sum of scores - 5b to 5j		
$0 \qquad \qquad \Box \Rightarrow 0$	C5	
$1-9 \qquad \Box \Rightarrow 1$		
10 - 18 □ ⇒ 2		
19 - 27 □ ⇒ 3		
Component 6 #6 Score		,
	C6	
Component 7 #7 score + #8 score		
$0 \qquad \Box \Rightarrow 0$	C7	
$1-2$ \Box \Rightarrow 1	_	
$3-4 \qquad \Box \Rightarrow 2$		
5-6 □ ⇒ 3		
Global PSQI Add the seven component scores together		

☐ Error detected (tick, if yes)